



PSYCHIATRIC SOCIETY OF WESTERN ZONE

IN ASSOCIATION WITH
KARAD PSYCHIATRIC ASSOCIATION & DECCAN PSYCHIATRIC ASSOCIATION

34th MID-TERM CME, 2025

3 & 4 May, 2025

VITS Satyajeet, Karad

Second Announcement!

Managing Medical Co-morbidities in
Psychiatric Practice

Karad City

Photo Courtesy: Dr Kruti Patel

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for
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<https://ipswzb.in/>

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**3 & 4 May, 2025
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(President)**



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(Vice-President)**



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Organizing Committee



Dr Sharad Kshirsagar
(Organizing Chairman)



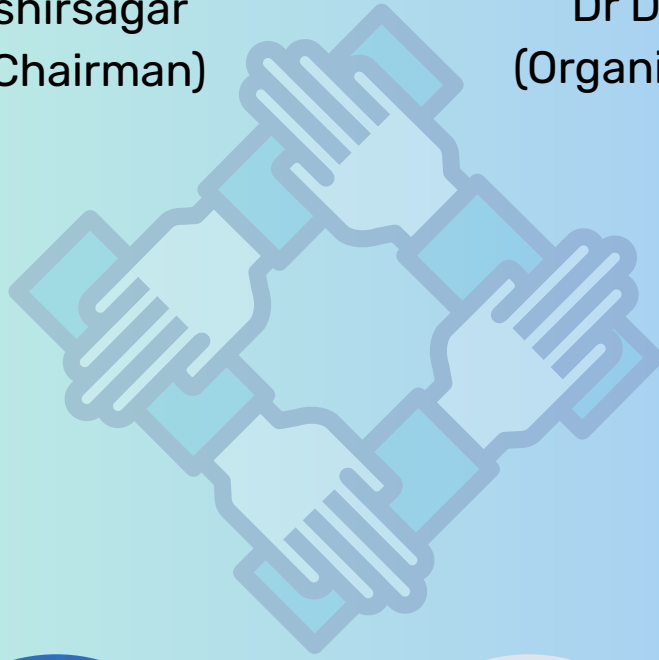
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(Member)

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Conference Secretariat

Dr Dinesh Tembe

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CME Subcommittee

Advisor: Dr Alka Subramanyam

Chairperson: Dr Parag Shah

Convenor: Dr Disha Vasavada

EC Coordinator: Dr Pallavi Dhakne

Members: Dr Ninad Baste

Dr Tanvi Pednekar

President's Message



Dear colleagues,

Hi! It's a pleasure penning a few words for you on the occasion of the proposed 34th Midterm CME of our beloved West Zone of the IPS, now rechristened following our society's recent registration with the Charity Commissioner, Nashik, as PSWZ (Psychiatric Society of West Zone).

This CME's theme, as you already know, is about managing co-morbidities with psychiatric illnesses. Medical comorbidities are an extremely common problem that we are required to manage on an almost daily basis in our clinics. Though all of us know much about these, refreshing our knowledge about them and getting some extra inputs in the field by experts is certainly welcome. Our academically astute CME chairperson, Dr. Parag Shah, in association with the Organizing Committee, has assembled an impressive list of topics to be discussed. I am sure we will benefit much from these deliberations.

Dr Sharad Kshirsagar and Dr. Dinesh Tembe, with their team, have certainly taken many pains in organizing this event. I express my heartfelt thanks for this gesture for the West Zone.

Wishing you all an informative and memorable event, with warm regards,

Dr. Sudhir Bhawe

President

Psychiatric Society of West Zone

Season's Greetings.

In psychiatric practice, we often come across our patients having comorbid medical conditions, requiring our attention, for their identification, monitoring or treatment & timely referral to other specialties for a comprehensive care. Unreported, undetected or untreated comorbid medical conditions, contribute majorly to the morbidity & mortality in our patients. As psychiatrists, it is imperative for us to develop our skill to manage these medical conditions well & learning and relearning the concepts time and again. Our understanding of the choice of psychotropic, drug-drug interactions & working in liason with the physician, will ensure overall wellbeing of our patients, who have limited capacities to seek help.

With these thoughts in mind, we decided the theme for the 34th Midterm CME of PSWZB to be – “Managing Medical Comorbidities in Psychiatric Practice”. With an array of topics crafted with relevance & application in our everyday practice & a team of resource persons who cater to the very need of the participating delegates, we are waiting to make some very interesting discussions & deliberations happen when we meet.

Extending a warm invitation & looking forward to seeing you all at the Midterm CME on 3rd & 4th May 2025 at Karad.

Dr. Parag S. Shah

Chairperson, CME

Psychiatric Society of West Zone

CME Chairperson's Message



Day 1 - 03 May 2025

08.30	REGISTRATION	SPEAKER	MODERATOR
09.00- 10.00	Demonstration on: Basics of Cardio Pulmonary Resuscitation (Compression- Only Life Support- COLS)	Dr Parth Patel (Physician)	Dr Devavrat Harshe (Psychiatrist)
10.00 - 10.30	Prevalence & Outcome of Medical Comorbidities in Psychiatry Patients (The extent of problem, its impact & the need to learn)	Dr Laxmikant Rathi (Psychiatrist)	--
10.30 - 10.45	TEA-BREAK		
10.45 - 11.00	INAUGURATION OF CME		
11.00 - 13.00	<u>Theme Symposium:</u> Management of Common Medical Conditions in Psychiatry Practice 1) Diabetes Mellitus 2) Hypertension 3) Hyperlipidemia 4) Obesity 5) Fluid Electrolyte Imbalance	Dr Santosh Salagare (Physician) Dr Ajay Bramhanalkar (Physician)	Dr Vidyadhar Watve (Psychiatrist)
13.00 - 14.00	LUNCH		
14.00- 15.00	<u>Symposium:</u> Tools & Templates for Screening & Monitoring - General Physical Health of a Psychiatric Patient (Objective methods to supervise Physical Health Indices with / without a Physical Condition)	Dr Dilip Patil (Physician) Mrs Jayshree Paranjape (Dietician) Dr Mandar Malawade (Physiotherapist)	--

		SPEAKER	MODERATOR
15.00 - 15.45	<u>Panel Discussion:</u> Strategies for Behavioural Interventions - for Managing Medical Conditions in a Psychiatric Patient (Effective ways for life style changes in patients with limited mental capacities)	Dr Shubhangi Dere (Psychiatrist) Mrs Jayshree Paranjape (Dietician) Dr Mandar Malawade (Physiotherapist)	--
15.45 - 16.00	TEA-BREAK		
16.00 - 18.00	<u>Case Blitz:</u> Round 1: Common Drug-Drug Interactions Round 2: Identifying Early Warning / Red Flag Signs of a Deteriorating Medical Condition in a Psychiatry Ward Round 3: Providing Emergency Medical Treatment in a Psychiatry Ward	Panel Dr Wenona Fernandes (Psychiatrist) Dr Ajay Bramhanalkar (Physician) Dr Dilip Patil (Physician)	--
20.00 onwards	BANQUET		



Day 2 - 04 May 2025

		SPEAKER	MODERATOR
08.00 - 09.00	FREE PAPER PRESENTATION	--	--
09.00 - 10.00	Demonstration: ECG Reading	Dr Abhijeet Shelke (Consultant Cardiologist)	Dr Neha Bhav (Psychiatrist)
10.00 - 10.45	Selecting Psychotropics based on Comorbid Medical Condition (Which one to avoid, which one to choose & why ?)	Dr T S S Rao (Psychiatrist)	--
10.45 - 11.30	<u>A Dialogue:</u> Consultation Liaison/ Referral to a Physician 1. When to refer? 2. How to refer? 3. How to Assist Medical Evaluation?	Between Dr Vihang Vahia (Psychiatrist) & Dr Jitendra Ingole (Physician)	--
11.30 -11.45	TEA-BREAK		
11.45 - 12. 30	Managing Psychiatric Side Effects of Medical Treatments (Identification & Treatment)	Dr Nilesh Shah (Psychiatrist)	--

		SPEAKER	MODERATOR
12.30 - 13.30	<u>Debate:</u> "Medical Care for a Psychiatric patient should be provided in a Psychiatry ward rather than a Medical ward"	<u>Team 1 (FOR)</u> Dr Anup Bharati (Psychiatrist) Dr Veena Kantak (Psychiatrist)	Dr Pallavi Dhakne (Psychiatrist)
		<u>Team 2 (AGAINST)</u> Dr Sagar Karia (Psychiatrist) Dr Hetvi Shah (Psychiatrist)	
13.30 - 14.00	VALEDICTORY	--	--
14.00 onwards	LUNCH	--	--



Free Paper Presentation

The Psychiatric Society of Western Zone is organizing Free Paper session for the second year in the Mid Term CME. It is a wonderful opportunity to showcase and share key findings of the work you have done.

- **Eligibility:** Any member of the PSWZ including post-graduate students and faculty
- Work must be done in India and may include Original Articles/ Brief Research Articles/ Case Series/ Case Reports
- Confirmed registration for CME is compulsory
- For PG students: The abstract should be accompanied by endorsement from the Head of Department stating that the student is a resident doctor at the department and that the research work was conducted in that institute
- A structured abstract of up to 250 words as per guidelines mentioned on the website (<https://ipswzb.in/>) must be submitted
- Last date for Early Bird registration for PG students whose papers are selected will be extended upto April 25, 2025
- Decision of the Scientific Committee shall be final
- Please email your abstract in the prescribed format to pswzcme2025@gmail.com
- **Last date for submission of Abstract: April 20, 2025**
- **Intimation of decision: By April 25, 2025**



Registration Information

Category	Upto 14 April, 2025 **	15 to 30 April, 2025	Spot
IPS Member (Non Residential)	Rs 5500+ 100	Rs 6500+ 100	Rs 7500 + 100
IPS Senior Member * (Non Residential)	Rs 100	Rs 6500 + 100	Rs 7500 + 100
IPS Non-member (Non Residential)	Rs 6500 + 100	Rs 7500 + 100	Rs 8500 + 100
Accompanying person	Rs 4500	Rs 5500	Rs 6500
Post-graduate student	Rs 4500	Rs 5500 + 100	Rs 6500 + 100
Corporate	Rs 8500 + 100	Rs 9500 + 100	Rs 10,500 + 100

* 65 years and above

** Extended to 25 April, 2025 for PG students whose Free Papers are selected

Registration & Payment

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<https://forms.gle/y82wwQnfg1gPTpyv7>

If you face any difficulty, please email to pswzcme2025@gmail.com or call the Organizing Secretary, Dr Dinesh Tembe on 9403469008.

Account Name:

The Karad Merchant Sah
Credit Sanstha Ltd

Account Number:

153120100000030

IFS Code: TJSB0000153

Bank Name: TJSB Sahakari
Bank Ltd, Shaniwar Peth
Branch, Karad

Places of interest in and around Karad



Naktya Ravlyachi Vihir- An ancient step-well in the city itself, located near the Krishna-Koyana *pritisangam*, this place is known for its Bhamani style architecture. It makes for a beautiful photography spot.



Krishna-Koyana Pritisangam- This is a popular spot at the confluence of the two iconic rivers- *Krishna* and *Koyana*. Late Shri Yashwantrao Chavan's samadhi is a place for peaceful contemplation.



Buddhist Caves of Agashiv- These historic caves from the first century BC are accessible after a short hike up the *Agashiv* hill. On the way, one can take *darshan* at the temple of Agashiv at the top.



Koyana Dam- This famous structure and hydro-electric power plant is located about 60 km from Karad and is surrounded by dense forests of the Sahyadri Tiger Reserve.



Travel & Accommodation options in Karad

Nearest airports:

Kolhapur- 75 Km
Pune- 180 Km
Belagavi- 187 Km



Nearest Railway Station:

Karad- 8 Km



Nearest Bus Stand:

Karad- 3 Km

Hotels in Karad:

Vits- Satyajeet (0 Km)
The Fern Residency (2 Km)
Mahendra Executive (2 Km)
Pankaj Executive (5 Km)
Amit Executive (5 Km)
Sangam (5.5 Km)
Shahi Executive (6.2 Km)
Alankar (7.1 Km)
Sapphire (7.4 Km)

Karad is well-connected to most major cities of Western Maharashtra and Uttara Karnataka by the Pune-Bengaluru National Highway-48. The CME venue- Hotel Vits-Satyajeet is conveniently located on this route itself.

Inter-city taxi services from Pune are popular on travel applications such as Ola and so are on-demand private taxi services from neighbouring cities. In case delegates require, contact numbers of some local taxi operators, our team can provide you the same.

***Please note, there are patches of highway renovation going on along NH-48 which may cause slight delays during peak traffic hours.**





Indian Psychiatric Society

Western Zonal Branch



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